



REVIEW



October 18, 2024

Message From Administration

Hello Rouge Park Families,

It was a short week at Rouge Park! We held our second School Council meeting during which time we discussed fundraising options for the year and how best to create a collaborative partnership between our student and parent councils. The day after our meeting, two of our parent council members met with some of the executive student council members to discuss the upcoming fall dance on October 31st. The parent council is also planning to collaborate with our Gr. 4-6 Community Council around Diwali activities on November 1st. We are so excited about the partnerships that are forming and the leadership we are seeing from our student population.

As always, please reach out if you have any questions, concerns or comments. We care about your children and want to ensure we are here to help.

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Upcoming Events:

Date	Day	What's Happening at School?
Oct. 21	0	<ul style="list-style-type: none">PA Day - no school
Oct. 22	3	<ul style="list-style-type: none">Grade 7 Immunization ClinicInt. boys volleyball @ 7 a.m.Full Student Council Meeting @ 9:50Int. girls volleyball practice @ 12:20Kids Kitchen for those who orderedAfter school math/literacy club for those invitedInt. boys volleyball game @ Wilclay 2:30 pmInt. girls volleyball game vs Cornell @ 2:45
Oct. 23	4	<ul style="list-style-type: none">Snack Shack at morning recessBeading club @ 9:50Student Council Executive Meeting @ 9:50Lunch Lady for those who orderedInt. boys volleyball @ 12:15

		<ul style="list-style-type: none"> • Int. boys volleyball game @ Legacy 3:00 pm
Oct. 24	5	<ul style="list-style-type: none"> • Breakfast club begins 7:30-7:55 in the multi-purpose room • Int. boys volleyball at 7:00 am • Pizza day for those who ordered
Oct. 25	1	<ul style="list-style-type: none"> • Mindful Walking Fridays • Open volleyball (intermediate co-ed) @ 2:45

Mark your calendars:

<u>Upcoming Events:</u>	<u>School Holidays</u>
<p>Oct. 31 - Fall Celebration by our Student Council "Turnup the Beat" Dance!</p> <p>Nov. 1 - Diwali celebrations</p> <p>Nov. 3-9 - Treaties Recognition Week</p> <p>Nov. 6 - Take Our Kids to Work Day</p> <p>Nov. 13 - Picture Retake Day</p> <p>Nov. 14 - Parent/Teacher Interviews</p> <p>Dec. 12, 13 - Grade 2 trip to Milne</p> <p>May 7-9 - Grade 8 Trip to Camp Pinecrest</p> <p>June 24 - Grade 8 Graduation</p>	<p>Winter Break - Dec. 23, 2024 to Jan. 3</p> <p>Family Day - Mon., Feb. 17</p> <p>Mid-Winter Break - March 10, to March 14</p> <p>Good Friday - April 18</p> <p>Easter Monday - April 21</p> <p>Victoria Day - Mon. May 19</p> <p><u>P.A. Days</u></p> <p>Monday, October 21, 2024</p> <p>Friday, November 15, 2024</p> <p>Friday, January 17, 2025</p> <p>Friday, January 31, 2025</p> <p>Monday, June 9, 2025</p> <p>Friday, June 27, 2025</p>

Dressing for the Weather

Please help your children remember to dress for the weather. Students spend 15 minutes outside at morning recess and 30 minutes outside at lunch. Our school yard is windy and it gets very cold. Your help to ensure they are prepared for cold weather each morning is greatly appreciated.

Allergies

We have a number of students and staff in our school who have life-threatening food allergies. If some of these students or staff smell or come into contact with certain foods, they may go into "anaphylactic shock" - a potentially life-threatening condition. Medication must be administered by injection within minutes to those individuals in order to keep them safe. **To ensure the health and safety of all of our students, please ensure you do not send any nut products or replacement nut products (e.g. pea butter) to school.** If you have been informed of other life-threatening allergies in your child's class (e.g. shellfish), please make sure you do not send these foods to school with your child. We ask that all parents help to keep our school community safe. For more information please read our [Anaphylactic Reactions policy and procedure](#).

PLEASE



**NO PEANUTS
OR
NUT PRODUCTS**



Our School Council is fundraising with FlipGive and would love your support!

It's simple:

1. Download the FlipGive app from the Play Store or App Store
2. Create an account
3. Join the Rouge Park Raptors using this team code: 9P7Q9Z
4. Purchase gift cards to everyday vendors like Tim Hortons, Wal-Mart, GAP, Swiss Chalet, etc and earn up to 10% cash back for the school!

Gift cards can be stored in the app, emailed to yourself or a friend, or transferred to your Apple Wallet.

Join the Rouge Park Raptors now and earn a bonus \$5 for the school the first time you shop!

Halloween

For students who wish to celebrate Halloween at school, please keep these reminders in mind:

- When planning costumes that no replica weapons of any kind are allowed.
- Costumes should be respectful of others. Symbols or objects representative of a person's culture or religious beliefs should not be worn as a costume.
- Those who wish to dress up come to school in their costume and wear their regular clothes underneath.
- No Halloween masks are to be worn
- Costumes should be of simple design (to limit personal items being brought to school), and treats cannot be shared.
- students may choose to wear orange and black or fall colours instead

Diwali:

Our student-led Community Council and our School (parent) Council are planning some activities to celebrate Diwali on November 1st.

Terry Fox School Run:

We wish to extend a huge thank you to everyone who donated to support the Terry Fox School Run. Together as a school we donated \$1020 to the Terry Fox Foundation. Well done everyone!

EQAO

The Ministry published last spring's EQAO results last week (www.eqao.com). While Rouge Park's results are very strong and we are proud of the results, we want to remind our community of some key messaging:

- EQAO assessment data provide one small source of information to support the improvement of student learning
- The Board does not support the use of results to rank or compare schools

The table shows the percentage of students in grade 3 and 6 who scored at or above the Provincial Standard (Level 3 and 4)

EQAO Results 2023-2024 Percentage of Students Achieving Level 3 and 4:

Primary (grade 3)	Rouge Park	Board	Province	Junior (grade 6)	Rouge Park	Board	Province
Reading	92	75	71	Reading	85	87	82
Writing	92	70	64	Writing	84	88	80
Math	87	71	61	Math	69	64	50

Breakfast Club:

Breakfast Club is starting next Thursday October 24th. A light breakfast will be available in our multi-purpose room every Tuesday and Thursday between 7:30-7:55. This may include items such as cereal, yogurt, granola, fruit, milk, toast, and similar items. Family and community donations have helped run our nutrition programs at Rouge Park to ensure every student is full and ready to engage and learn at school. We thank you all for your ongoing support!

International Walk to School Month:

International Walk to School Month (IWALK) is an annual celebration of active transportation that takes place around the world throughout the month of October. IWALK Month officially launches October 2, 2024.

When walking to school, here are some important safety tips to remember:

- Look all ways before you cross the street. Always STOP, LOOK and LISTEN before crossing.
- Cross at intersections and crosswalks, when possible.
- Always make eye contact with drivers before you cross the street.
- Obey traffic signals and signs.
- Use a sidewalk if there is one.

For anyone who can't walk or cycle to school every day, we encourage you to try choosing an active mode of travel two or three times a week or consider parking and walking a block to decrease the pollution and improve safety around your school.

Rouge Park student play leaders will be creating and making announcements to remind students of our school initiative “Mindful Walking Fridays”. We encourage you to support this initiative by walking with your child(ren) to school on Fridays for the month of October.

October is a great month to spend time outdoors while the seasons change. Students will get the health benefits that time in nature provides, while also enjoying the beautiful autumn leaves. Any amount of physical activity is good for your health. Please enjoy some photos of Walking Friday below!

School Cash Online:

Rouge Park uses online payments through School Cash ONLINE for all school-related purchases:

School Cash Online provides the following benefits:

- A convenient fee payment option that saves time
- Reduces paper
- No more need to send cash or cheques to school
- A quick way to register. It takes less than 5 minutes to register.

Parents that opt to participate will receive notification via email of student fees owed (both required and optional), and can make secure online payments by credit card or Interac and receive a receipt.

To view a presentation about the program, go to <http://www.kevsoftware.com/movies/ParentRegEnglish/>.

Follow the easy steps at [this link](#) to register and get started!

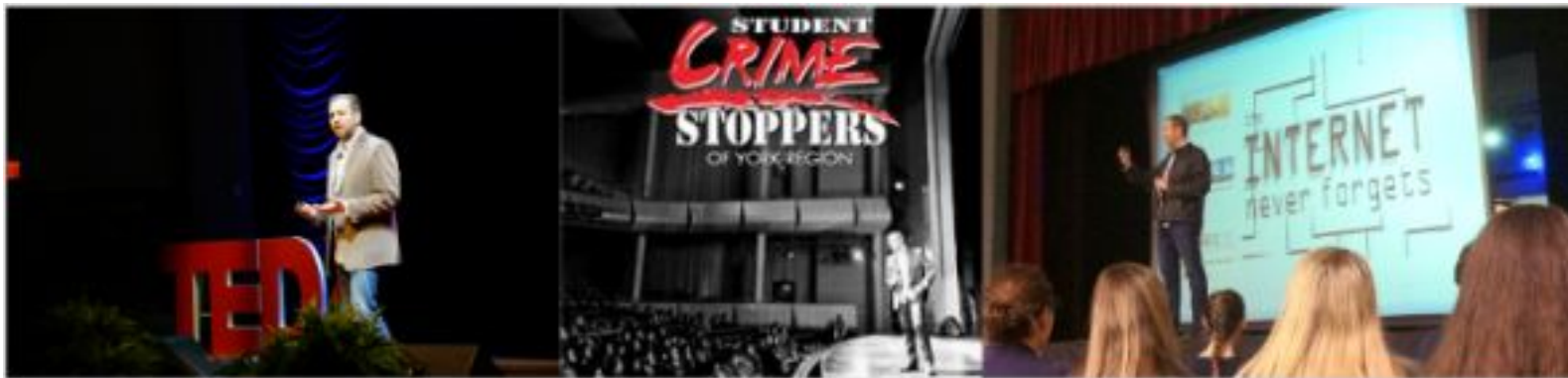
School Council:

Our next meeting will take place on Tuesday, December 3rd from 6:30-7:30 pm. All are welcome to attend.

Donations to Rouge Park:

This year many of our students have benefited from the generous donations of others in our community. We have had families donate to pizza day, the snack program, school clothing, our grad trip and more. Oftentimes these donations are life-changing for our students as they allow them to fully participate in everything we have to offer. Thank you to everyone who has so generously donated to our school. If you are able, we are currently asking for donations to support all of the above initiatives. Donations can be made by clicking on the Donate button on School Cash Online or by sending a cheque made out to Rouge Park Public School.

Please scroll down for flyers and pictures



SOCIAL MEDIA AND ONLINE SAFETY

An evening for parents/guardians/caregivers with

Paul Davis



Where: Cornell Village P.S. - Gym

When: October 23, 2024
6:30 pm-7:30 pm
(followed by Q&A period)

RSVP: Click [here](#) or scan the QR code below to register. Registrations accepted until October 16.

Childcare will be available for school-age children.

Topics include:

Snapchat / TikTok / Instagram / Discord
Smartphones and Digital Trails
Cyberbullying / Sextortion
Privacy & Online Security

**You're
invited!**

Empowering Parents in the Digital Age



SCAN TO REGISTER



**FREE activities
and halal snacks**

Get Together Celebrating Islamic Heritage Month

Open to all YRDSB students, families, and staff

Join York Region District School Board in celebrating Islamic Heritage Month this October! Together, we'll honor the rich cultural, historical, and religious contributions of Muslims to society. This celebration is all about fostering equity, inclusion, and community engagement while building a deeper understanding of our diverse society.

Richmond Hill

Date: Tuesday, October 29, 2024

Time: 5:00 p.m. – 7:00 p.m.

Location: H G Bernard Public School

Address: 245 Bernard Ave, Richmond Hill,
ON L4S 1E1

Scan to Register



Scan to volunteer



Vaughan

Date: Wednesday, October 30, 2024

Time: 5:00 p.m. – 7:00 p.m.

Location: Emily Carr Secondary School

Address: 4901 Rutherford Rd, Vaughan,
ON L4H 3C2

Scan to Register



Scan to volunteer



For more information, please email Inclusive School and Community Services (ISCS): iscs@yrdsb.ca

WELCOME TO THE LUNCH LADY

We are proud to be serving

Rouge Park PS

Meals will be delivered every
Wednesday starting Wed Sept 11.
Submit your order by Tuesday 8am for
Wednesday order



Ready to place your first order?
Visit order.thelunchlady.ca to get started!



Special Food needs?
Make sure to email us
before you order.



Reduce single use plastics.
Bring your own cutlery
from home.



Sick child?
It happens. Email us before 8am
to receive a credit.

Have questions? Missed Cut Off? We are here to help:
Contact Marlyn
marlyn@thelunchlady.ca / 905-470-2598



Little Lunches by the Lunch Lady

sized for smaller appetites

All Little Lunch combos come with fruit and yogurt.
Perfectly created for little hands!



Pancakes Little Lunch

Whole grain bite-sized
pancakes & side syrup.



Spaghetti & Meatballs Little Lunch

Whole wheat pasta and
beef meatballs in homemade sauce.



Chicken Nuggets Little Lunch

Lightly breaded, baked
chicken breast nuggets.



Grilled Cheese Little Lunch

Real cheddar on
whole wheat.



Mac & Cheese Little Lunch

Homemade sauce
with real cheddar.



Assorted Sides Available!

Salads, snacks and treats
to choose from.

Ready to order?

Visit our online ordering site: order.thelunchlady.ca

Proud to be serving lunches every TUESDAY @
ROUGE PARK P.S.

Lunch service begins on Tuesday, September 17th



Kids Kitchen is prepared and ready to assist with
the safe and healthy implementation of your
school's hot lunch program



SAFETY
FIRST



NUT FREE
ALLERGY
AWARE



GRAB & GO



VEGETARIAN,
GLUTEN FREE &
ALLERGY OPTIONS

SAMPLE MENU

Entrees

Macaroni & Cheese
Beef Soft Taco
Bean Soft Taco
Pancakes with Turkey
Sausage
Pasta with Meat
Sauce (GF)
Pasta with Tomato
Sauce (GF)
Tuna Salad Sandwich
on a Kaiser
Chicken Fingers with
Rice (GF)
Beef Burger (H)
Chicken Burger (H)
Veggie Burger

Side Items

Chicken Fingers
(2 pcs) (GF)
Baked Potato with
Sour Cream
Garden Salad with
Ranch Dressing
Steamed Veggies
Edamame (shelled)
Cucumber Slices
Veggies & Dip
Perogies (4 pcs)
Garlic Bread
2% or Chocolate Milk
Various Fruit Juices
(100% juice)

Snacks & Desserts

Fresh Apple
Fresh Pear
Fresh Orange Wedges
Diced Fruit
Yogurt Cup
Chocolate Chip Cookie
Kettle Popcorn
Fresh Fruit of the Season
Fudgy Brownie
Banana or Carrot Muffin

(GF) Gluten-friendly also available

(H) Halal also available

Not all options are available in all
locations. Please check online to see
the options at your school.

DELIVERING GOOD, REAL FOOD TO KIDS AT SCHOOL

Our commitment is to
provide nutritious, delicious,
"home-cooked" meals with
simple ingredients that you'd
find in your own kitchen.

SPECIAL DIETARY NEEDS?

No problem! We're here for
you. Speak with us on how
we can accommodate your
child.

ORDER ONLINE

Visit www.kidskitchen.ca to
see your school's menu,
specials and for fast,
secure, online ordering.



SEE YOUR SCHOOL'S
MENU ONLINE

Need Help with your order?

905-944-0210 (M to F 8:30am-2pm) or email us:
information@kidskitchen.ca





Proud to be serving lunch at
ROUGE PARK P.S.
Service Day: Tuesday

YOUR SCHOOL MENU INCLUDES FUNDRAISING FOR YOUR SCHOOL

Entrees

Beef burger	\$6.25
Buttery Pasta	\$6.75
Chicken Burger (H)	\$6.75
Chicken Fingers with rice pilaf (GF) (H)	\$8.00
Chicken Vegetable Stir-fry with steamed basmati rice (H)	\$8.25
Grilled Cheese sandwich on whole wheat bread	\$6.50
Grilled Cheese & Turkey sandwich	\$7.50
Macaroni & Cheese	\$7.25
Meatballs with mashed potatoes, gravy & corn (H)	\$8.25
Pancakes (2pcs) with Turkey sausage (2pcs) & syrup	\$8.25
Pasta with meat sauce (GF)	\$7.75
Pasta with tomato sauce (GF)	\$6.75
Turkey Burger on a whole wheat bun	\$6.75
Veggie (w/ tofu) Stir-fry with steamed basmati rice	\$7.75
Veggie balls with mashed potatoes, gravy & corn	\$8.25
Veggie burger	\$6.75

NEW

UPDATED!

NEW

UPDATED!

Complete Meals

BLT (turkey bacon, lettuce & tomato) with Fruit	\$8.25
Chicken caesar wrap with Fruit (H)	\$8.25
Tuna salad sandwich with Fruit	\$8.25
Chicken fried rice with Fruit (H)	\$7.00
Tofu fried rice with Fruit	\$7.00

NEW

Snacks & Desserts

Banana muffin (SFTE)	\$1.95
Carrot muffin (gluten-friendly) (SFTE)	\$1.95
Chocolate chip cookie (SFTE)	\$1.50
Diced fruit	\$2.50
Fruit of the day	\$1.75
Fudgy Brownie (SFTE)	\$1.75
Popcorn	\$2.15
Yogurt cup	\$1.75

Side Items

Baked potato with sour cream	\$2.50
Chicken fingers only (2pcs) (GF) (H)	\$5.00
Corn niblets	\$1.85
Cucumber slices	\$1.75
Edamame (cold, shelled)	\$2.35
Garden salad with italian dressing	\$3.35
Garlic bread	\$1.85
Pancakes (2pcs) with syrup	\$4.85
Perogies (4pcs) with sour cream	\$4.55
Steamed Rice	\$2.50
Veggies & dip (ranch)	\$2.75

Drinks

2% Milk	\$1.75
Chocolate Milk	\$2.00
Various fruit juices (100% juice)	\$1.75

Apple juice; Apple grape; Fruit punch; Strawberry banana orange

Condiments

Butter	\$0.50
Cheddar Cheese slice	\$1.00
Extra Syrup	\$0.35
Mayonnaise	\$0.55
Parmesan cheese	\$0.55
Pickles	\$0.50
Plum sauce	\$0.50
Ketchup, Relish, Mustard	Comp.

Rice pilaf = with peas & carrots

(GF) Gluten-friendly also available. See prices online.

(H) Halal options also available. See prices online.

(SFTE) Sweets from the Earth Premium Baked Good.

Prepared in our inspected, commercial nut-free facility. We follow all Public Health Guidelines & Safety Protocols.

We specialize in individually packaged Grab'n'Go service.

Please contact us directly regarding any allergy questions or concerns.

Due to challenges with food supply, substitutions may be made at our discretion.

Leave the lunches to us! Visit our website at www.kidskitchen.ca for more menu options.

Ordering is easy! Online orders must be entered by 10am the previous business day.

Call: 905-944-0210 Email: information@kidskitchen.ca



2024-2025

OCTOBER SPECIAL

Ordering is Easy. Kid Approved. Stress Free.



Beef or Bean

SOFT SHELL TACOS

Gluten-friendly, vegetarian and other menu options available online!

Online orders can be completed up until 10am the previous business day.

We're here to help!
information@kidskitchen.ca

 www.kidskitchen.ca



KiDs KiTcHeN Co.